



Life Journeys Counselling and Training Inc.

Trainer: Sue Genest, MSc. RCC. CCC.

EMDRIA Approved EMDR Basic Training

English Virtual Offering

www.suegenest.ca/events

7-day Pre-study Online 1 month Prior to commencement of training:

Clinical and EMDR resources

Meet & Greet & Introduction – September 19-20, 8-4pm PT

Phase 1, 2, 7 & 8 – September 27-28, 8-5pm PT

Phase 3-6 & Special Populations – October 3 - 5, 8-4pm PT / Practica 1-3

Special Populations October 10, 9-5pm PT / Practica 4

Special Populations October 11, 9-5pm PT with 5th Practica (Tier 2 & 3 only)

Group Consultation (10-14 hours available): October 17th, 9-11am PT;

November 1st, 9-1pm PT; and Nov. 22nd 9-1pm PT; and

for Tier 2 & 3 only – December 11th 9-1pm PT

Tier 3 Comprehensive days: January 9-10, 2025 - 8-3pm PT – Advanced EMDR – Ego state therapy; advanced resourcing; complex trauma.

Cost:

Tier 1 Basic: \$2093 + tax = \$2198 (116 Credit Hours)

Tier 2 Comprehensive: \$2379 + tax = \$2498 (124 Credit Hours)

Tier 3 Advanced Comprehensive: \$2569 + tax = \$2698 (140 Credit Hours)

Tier 1: 15 days (8 core days + 7 day Pre Study) – **Days 1-8** + 4 practica + Demo Videos of Protocols + 10hrs of Consultation (116 Credit Hours).

Designed for students, non-profit therapists; and all others needing financially accessible option to superior programming.

Tier 2: 16 days (9 core days + 7 day Pre Study) – **Days 1-9 + 5th practica** + Demo Videos of Protocols + Extended Package + 12+ hours of Consultation + **Access** to forum resources (124 Credit Hours)

Tier 3: 18 days (11 core days + 7 day Pre study) – **Days 1-11 + 5th practica** + Demo Videos of Protocols + **Extended Package + 2 days** of Extra Protocols + 14+ hours of Consultation (140 Credit Hours)

Contact Information:

info@suegenest.ca

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“Integrating EMDR into my practice has transformed it –
I’ve seen clients make significant clinical gains
while also reducing their feelings of shame.” Jan. 2024

“Thanks so much for all of the incredible support,
guidance, and resources. It truly has changed my practice.” Feb 2023